



Day of Your Procedure

1. Please bring your insurance card and a photo ID.
2. Bring a current list of all your medications with dosages and how often you take them (including prescriptions, over-the-counter, herbals, patches, inhalers, eye drops, supplements, vitamins, Aspirin and Oxygen). If you are instructed by your doctor or nurse to take your morning medications, you may do so with a SIP OF WATER ONLY.
3. Please leave all valuables such as jewelry and electronics at home or with your escort during the procedure.
4. Wear loose and comfortable clothing that can be stored easily.
5. If you wear glasses, contact lenses, dentures, or a hearing aid, bring along a case to put them in during your procedure
6. **If you have sleep apnea and own a CPAP or BiPAP machine, please bring the machine with you and discuss with your physician on the date of your procedure.**
7. During your procedure, those who accompanied you to the Center should wait in the reception/waiting room area.
8. Prior to discharge you will be given written post-procedural instructions. It is important that you understand the instructions. The nurses will answer any questions that you have.
9. At The Endoscopy Center of New York, our staff and physicians are focused on maintaining an efficient schedule in order to avoid long wait times for our patients. To assist in maintaining our schedule, please arrive at the facility at your appointed time.
10. We are committed to providing you with a comfortable and safe environment during your stay.